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[Rowan County, NC](#)

[On the Web](#)



With fireworks crackling and barbecues sizzling, July brings the heart of summer! We at Rowan Helping Ministries extend our heartfelt gratitude to everyone who volunteered and donated in June. Your generosity helped individuals and families in our community navigate challenges and find hope.



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Celebrating Success

Crisis Assistance: A Community Lifeline



An important part of Rowan Helping Ministries' work is homelessness prevention – providing crisis financial assistance to community members facing eviction, needing first month's rent paid, struggling to prevent utility shutoffs, or unable to pay for other critical needs to allow individuals and families to remain stably housed and financially secure. Last year, our Crisis Assistance Network provided nearly 1,000 struggling Rowan County households with over half a million dollars in financial assistance – a lifeline for many on the brink of homelessness.

William* is a hardworking and responsible individual who always paid his bills on time. Following foot surgery and the subsequent depletion of his savings to cover his medical and other bills, he unexpectedly lost his long-time employment. Suddenly jobless and with his savings completely empty, he was unable to pay his rent. His landlord, with whom he has a good relationship, was willing to work with him, but eviction was looming.

"I did not realize how quickly my funds would be gone," he says. His extensive specialized training and career experience, once a source of pride, now left him overqualified for many jobs. Willing to find work outside of his career field, he was rejected even from entry-level fast-food positions, leaving him demoralized and scared of becoming homeless. "The specter of losing your home is terrifying," he confides. "I don't think I've ever been so terrified."

An independent and self-sufficient person, William had few family members who he could turn to for help, and no credit cards to fall back on. He hesitated to seek help at Rowan Helping Ministries, his pride preventing him from asking for assistance as his situation spiraled. Finally, he reached out to our Crisis Assistance Network. Our team was able to pledge \$1,000 towards William's past-due rent, stopping the eviction process and giving him a chance to get caught up on his bills with the income from his new job.

This intervention did more than keep William housed – it lifted the cloud of anxiety and depression that had consumed him, sometimes leaving him unable to eat for days.

When asked what he would say to anyone who, like him, was in a tough situation and hesitant to seek help at Rowan Helping Ministries, he exclaims, “Do it right now! There is help – don’t wait!” He is deeply grateful for the staff who assisted him and for the contributors who make our Crisis Assistance Network program possible.

William’s story is a reminder that the work our Crisis Assistance Network does is not just about preventing homelessness, but about preserving dignity, restoring hope, and giving our neighbors a chance to regain their footing in difficult times. We wish William all the best as he works to get his life back on track.

*Client’s name has been changed to protect his privacy.

Why Give in July



Franklin is a retired military Veteran who lives in a small apartment with his wife of 48 years. As retirees living on a fixed income, every dollar counts for this couple. When his wife's health issues mounted last year and she required a new oxygen tank, their modest budget was stretched beyond its limit by an unexpectedly high electric bill.

Without electricity, Franklin's wife could not use the oxygen machine that allows her to breathe. Facing shutoff, they turned to our Crisis Assistance Network for help. Our staff quickly stepped in to pay their overdue balance, allowing them to keep their lights and life-saving oxygen supply on.

Franklin and his wife also visit our Food Pantry to supplement their monthly groceries beyond what they can pay with their limited income. The help they receive gives Franklin the ability to balance their budget and the strength and hope he needs to take care of his wife.

Each summer, we see an increase in clients like Franklin seeking assistance. Whether it is because school is out and childcare and food needs are increased, or utility usage is at an all-time high... we need your help during July and the months which follow to continue to provide crisis financial assistance for our neighbors in Rowan County.

Help us put God's love into action this summer with your generous gift.

Please visit our website to [**DONATE**](#) today!

June Outcomes



IMPACT AT A GLANCE

JUNE 2024



We housed **151** guests
in our Shelter and helped **18**
successfully move out.



Provided
73 CLIENTS
with **232** showers



Provided clothing to
355 FAMILIES
Equalling **5,968** items



Helped
66 FAMILIES
stay in their homes and
keep their utilities on by
providing **\$23,106**
in financial assistance



We served
6,336 MEALS
in Jeannie's Kitchen
&
1,154 FAMILIES
with food through
our 3 Food Pantries



415 VOLUNTEERS served **2,737** hours

Volunteer Highlights



On June 2nd, the youth group from Centenary Methodist Church celebrated the end of their year with a packing party. A group of twenty enthusiastic youth and leaders came together to pack an impressive 8 pallets of food boxes for distribution through our Food Pantry this month.

Under the leadership of Pastor Brad Treece and Youth Group Leader Tara Hoffner, the group had a great time packing boxes while lending a hand to those in need. When they return from summer break, they hope to make packing food boxes a regular service activity. We're grateful for the energy and commitment of the Centenary Methodist Church Youth Group! Their efforts will provide crucial food assistance to many families in our community.





The Living Stones volunteer team brought some Hawaiian flair to Jeannie's Kitchen this month. Cheryl Houston, Clarence, Linda Cauble, Mistie Greene, Brenda Cauble, Debbie Hirst, Reggie Furr, and Tara Poli decorated the buffet with a hula theme to brighten our guests' day.

The team has been volunteering to serve the evening meal at Jeannie's Kitchen once a month since 2015. For this special "Hula Day," they prepared a delicious meal of chicken pan pie, fruit salad, pork chops, green beans, pinto beans, corn, mashed potatoes, bread, and doughnuts for dessert. The decorations and fun theme allowed

the Living Stones to provide a Hawaiian blessing and share God's love with the guests.
We thank this group for their service and enthusiasm!



Our heartfelt gratitude goes out to The Reach Church Youth Ministry team and Pastor Bradley Taylor for serving dinner in Jeannie's Kitchen. Food for the meal was donated by Jj's Mama's Soulfood & More, Island Boys Food Truck, Breezy Lemonade, Catherine's Catering Desserts, and Food Truck Tuesdays. Our guests had the pleasure of enjoying a delicious meal, and we genuinely appreciate the time and generosity that was shared. Thank you!



We want to express our thanks to Harmony Believers Fellowship for their ongoing commitment to our mission. Since March 2021, this dedicated group has served monthly dinners to our shelter guests in Jeannie's Kitchen. This month, they expanded their support with an impressive day of service in which volunteers organized our clothing donation area and clothing center, bagged rice in our lower level, and served lunch in Jeannie's Kitchen. Gena Overcash provided invaluable leadership as our clothing area volunteer lead, while the Rios family, first-time volunteers, went above

and beyond by sorting, organizing, and cleaning in our clothing center. We're grateful for Harmony Believers' dedication and the impact they're making across our organization.



Jeannie's Kitchen Volunteers Needed!

Open Breakfast Shifts (5:15-7:15 a.m.; 3-5 volunteers; 60-70 guests served)

Sun. 7/7, Mon. 7/8, Tues. 7/9, Weds. 7/10, Sat. 7/13, Sun. 7/14, Mon. 7/15, Tues. 7/16, Mon. 7/22, Weds. 7/24, Thurs. 7/25, Fri. 7/26, Sat. 7/27, Sun. 7/28, Mon. 7/29, Tues. 7/30, Weds. 7/31

Open Lunch Shifts (9:30 a.m.-1:30 p.m.; 5-7 volunteers; 90-100 guests served)

Weds. 7/3, Sun. 7/14, Tues. 7/16, Thurs. 7/18, Sat. 7/20, Sun. 7/21, Sat. 7/27, Sun. 7/28, Mon. 7/29

Open Dinner Shifts (5:30 p.m.-8:00 p.m.; 5-7 volunteers; 80-90 guests served)

Sat. 7/6, Sun. 7/7, Fri. 7/12, Sun. 7/14, Tues. 7/16, Weds. 7/24, Fri. 7/26, Sat. 7/27, Sun. 7/28, Tues. 7/30

Food Pantry Volunteers Needed!

Open First Shifts (8:30-11:00 a.m.)

Mon. 7/8, Tues. 7/9, Thurs. 7/11, Mon. 7/15, Tues. 7/16, Thurs. 7/18, Mon. 7/22, Tues. 7/23, Thurs. 7/25, Mon. 7/29, Tues. 7/20

Open Second Shifts (11:00 a.m.-2:00 p.m.)

Tues. 7/9, Thurs. 7/11, Fri. 7/12, Tues. 7/16, Thurs. 7/18, Fri. 7/19, Tues. 7/23, Thurs. 7/25, Fri. 7/26, Mon. 7/29, Tues. 7/20

Open Third Shifts (12:30 p.m.-4:00 p.m.)

Fri. 7/5, Mon. 7/8, Tues. 7/9, Weds. 7/10, Thurs. 7/11, Fri. 7/12, Mon. 7/15, Tues. 7/16, Weds. 7/17, Thurs. 7/18, Fri. 7/19, Mon. 7/22, Tues. 7/23, Weds. 7/24, Thurs. 7/25, Fri. 7/26, Mon. 7/29, Tues. 7/20, Weds. 7/31

Donation Highlights



On June 11th, Ms. Cerisha Kegley visited Rowan Helping Ministries to drop off some much-needed supplies she and her piano students collected for our clients.

Ms. Kegley learned about our Wish List needs through her church and thought it would be a great way for her students to give back to the community. She and her students worked together to gather Ziplock bags, socks, shampoo, conditioner, razors, feminine hygiene products, snacks, and toiletries. We are truly grateful when compassionate members of our community lend a helping hand to support their neighbors facing difficult circumstances. Acts of kindness like this make a real difference.



Piedmont Natural Gas, our next-door neighbor on North Long Street, recently reached out to Rowan Helping Ministries with a generous offer. One of their employees approached our staff and asked about hosting a donation drive and asked what items we were most in need of.

The Piedmont Natural Gas team collected an impressive 16 bags of pillows for our shelter and 181 pounds of food to be distributed through our Food Pantry. These much-needed contributions will provide comfort and nourishment to those in our shelter and seeking assistance through our pantry. We thank Piedmont Natural Gas for

this thoughtful gesture that shows the positive impact that can be achieved when neighbors come together to uplift one another!



Thanks to the generous donations from employees at The SEFA Group, the children staying at the Rowan Helping Ministries family shelter will have plenty of activities and toys to keep them engaged and entertained. The SEFA Group recently donated a variety of children's items for those in our family shelter program, including arts and crafts supplies, puzzles, games, activity books, sports equipment, bubbles, and other items.

Access to items like these is vital for reducing anxiety and boredom for children who have experienced housing insecurity. Our staff and guests are extremely grateful for this generous donation supporting healthy childhoods despite difficult circumstances. Thank you, SEFA employees!

Community Partners

Novant Health Community Care Cruiser



We're excited to announce that Novant Health has launched a Community Care Cruiser dedicated to serving Rowan County! This mobile health unit is designed to break down

barriers to healthcare access and bring essential services directly to our community.

The Novant Health Community Care Cruiser offers free health screenings (including blood pressure, cholesterol, and diabetes), body mass index (BMI) and waist circumference measurements, childhood immunizations for qualifying children, and other medical services.

These services are particularly beneficial for those that Rowan Helping Ministries serves, many of whom are uninsured, underinsured, lack a primary care physician, or have undiagnosed health issues. By visiting our campus and eliminating common obstacles like transportation issues and long wait times, the Community Care Cruiser makes it easier for our clients to take charge of their health and prevent serious health problems.

Novant Health continues to be a valued partner of Rowan Helping Ministries, supporting our mission through volunteering, donations, funding, and event sponsorships. We're grateful for their commitment to improving healthcare access for all members of our community.



Event Recap!

Building Bridges Through Art Reception



**North
Carolina
Arts
Council**

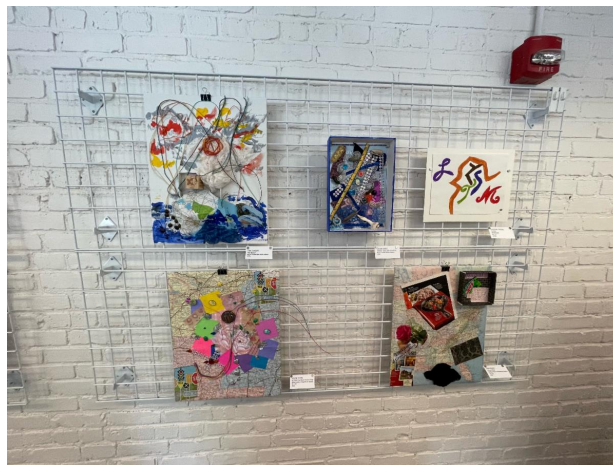


We recently celebrated the artistic achievements of our shelter guests at a special reception held at the Waterworks Visual Arts Center. The event, which took place on

June 18th, was the culmination of our "Building Bridges Through Art" program, an 8-week course designed to provide a creative outlet for our guests.

More than 20 Rowan Helping Ministries shelter guests showcased their artwork, created under the guidance of instructor Cindy Morgan. The exhibition featured various media including pen and ink, watercolor, and collage. Attendees had the opportunity to view and purchase the artwork, with all proceeds benefiting the artists directly.

The "Building Bridges Through Art" program, made possible through partnerships with the North Carolina Arts Council, Rowan Arts Council, and Waterworks Visual Arts Gallery, aims to promote healing, self-expression, and personal growth among participants. The exhibition remains open to the public until July 19th and we strongly encourage community members to visit and support these artists.



Mark Your Calendars !

Kids Summer Fun Activities



Rowan Helping Ministries Presents

KIDS SUMMER FUN ACTIVITIES

FREE

FREE



Come join us for fun filled with:

- Arts and crafts
- Outdoor games
- Indoor games
- Storytelling and more.

Every Wednesday: July 3rd-July 31st 2024

Time: 3:00 P.M.-4:45 P.M.

Robertson-Stanback Center
New Tomorrows Classroom
217 N. Long Street
Salisbury, NC 28144

Event Contact: Keven Yates,
New Tomorrows Coordinator
704-637-6838 ext. 118
kyates@rowanhelpingministries.org

Don't miss our FREE Kids Summer Fun Activities! Join us every Wednesday in July from 3:00-4:45 p.m. at the Robertson-Stanback Center.

For more information, please contact Keven Yates at 704-637-6838 ext. 118 or kyates@rowanhelpingministries.org.

Pastors' Breakfast

Rowan Helping Ministries

presents

Pastors' Breakfast

Thursday, July 18, 2024

8:00-9:30 a.m.

Our Faith Relations Committee invites you to join us on our campus in *Jeannie's Kitchen* for a time of food, fellowship, and education. We have realized that many in our community are unfamiliar with the variety of services that we provide for those in crisis in our community.

In our 35 year history, we have grown from humble beginnings in temporary locations in our local churches to a complex of buildings for sheltering and feeding the homeless and for training clients to help move them out of crisis and into healthy living. The need for support from our churches and faith communities is no less now than it was more than 35 years ago when we began.

We hope that you will come and enjoy breakfast, meet and greet with your fellow pastors, and spend a little time learning how your faith community can partner with us as we continue to show God's love to a community in need.

For questions, please contact Sheila Prevatte at sapbsn@gmail.com

RSVP by July 8 to sapbsn@gmail.com or
chunter@rowanhelpingministries.org.



You're invited to Pastors' Breakfast for a time of food, fellowship, and education at Jeannie's Kitchen on Thursday, July 18 from 8:00-9:30 a.m.

Don't forget to RSVP by July 8 to sapbsn@gmail.com or
chunter@rowanhelpingministries.org.

North Carolina State Employees Combined Campaign

Approved State Employees Combined Campaign Charity



We are proud to announce that Rowan Helping Ministries has been chosen for inclusion in this year's **North Carolina State Employees Combined Campaign!** All North Carolina state employees and retirees can designate Rowan Helping Ministries as their chosen charity through this campaign.

The SECC is the only authorized fundraising campaign permitted to solicit charitable contributions in the state employee workplace. Rowan Helping Ministries is charity number **2590**. If you are not eligible for payroll deduction, you may give by cash, check, credit card, or stock transfer gift. Contributions are tax-deductible. The campaign runs from September 1st through December 31st. We will share additional details as we get closer to the campaign kickoff date.

In Other Other News!

JOB OPENINGS

**Ketner Center Receptionist
Facilities Assistant
Shelter Services Associate
Shelter Case Manager
Operation Home VA Case Manager**



Come join our growing team! We have various job opportunities for those who are passionate, driven, and enthusiastic about making a difference in the community. If this sounds like you, we invite you to apply through our website. Don't hesitate to spread the word within your network—we value your assistance in finding ideal candidates for our expanding team!

[View Job Opportunities Here](#)

July Wish List



JULY WISH LIST

FOOD PANTRY PLEASE NO GLASS JARS

Cereal, grits, oatmeal
Pancake Mix
Pasta
Mashed Potatoes
Macaroni & Cheese

JEANNIE'S KITCHEN

Eggs
Sugar
Canned Breakfast Gravy
10 pound cans of Vegetables

CLOTHING CENTER

All men's clothing items
New Undergarments (men's, women's, and children's)
Feminine Hygiene Products

CRISIS ASSISTANCE

Razors
Washcloths & Towels
Shaving Cream

SHELTER SERVICES

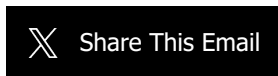
Travel size shampoo, bar soap, deodorant, & lotion	Painting Canvas (of any size)
New Bed Pillows	Paint Brushes (of any size)
Tissues	Plastic Paint Palettes

Due to the limited number of volunteers, on site delivery of clothing is accepted only on Wednesdays.

All food and clothing donations are accepted at our receiving dock located at 226 N. Long Street. The receiving dock faces Liberty Street. Please ring the doorbell (on the right side of the large roll-up dock door) when you arrive.

Small equipment for Jeannie's Kitchen and other specialty items are found on our *Amazon Wish List*

Donations may be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here](#).



ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now





Try email marketing for free today!